

# Care Services

Right at Home offers caregiving services for almost any family and practically any situation. Our in-home care lets loved ones enjoy healthy lives in the comfort of a familiar environment. We tailor our care to your family's unique situation through a Custom Care Plan. These individualized care programs include whatever your family needs from any of our care categories\*:



## COMPANIONSHIP/HOMEMAKING

Light housekeeping and meal preparation can become frustrating tasks to those affected by aging. Right at Home provides assistance for numerous daily activities, as well as basic peace-of-mind services:

- Safety supervision
- Transportation
- Socialization
- Cognitive stimulation
- Monitoring home
- Cooking
- Light housekeeping
- Organization
- Laundry services
- Respite care for family caregivers



## PHYSICAL ASSISTANCE

For those suffering from the physical effects of aging, Right at Home can help throughout the day in a number of ways:

- Ambulatory assistance
- Getting dressed
- Positioning in chair or bed
- Transfer between bed and chair
- Wheelchair assistance

\*Not all services are available in every location. For a full list of available services in your area, check with your local Right at Home office.



## HYGIENE

As limitations evolve, basic hygiene can become a challenge. No matter what level of assistance your loved one needs, we can accommodate:

- Bathing and showering assistance
- Bed baths
- Grooming
- Shaving with electric razor
- Oral hygiene
- Toilet and incontinent care



## WELLNESS

Our caregivers can provide services that help your loved one stave off or delay further effects of aging, both physical and mental. We can help foster wellness with services that include:

- Light exercise program development
- Meal planning
- Medication reminders
- Safety supervision
- Cognitive stimulation



## SKILLED NURSING

In those locations that have medically trained staff, we can provide a level of in-home care not found within many other home care companies:

- Visiting nurses
- Medication set-up
- Medication administration
- I.V.-related therapies and administration
- Insulin injections
- Wound care
- Dressing changes
- Catheter care
- Ostomy/Colostomy care
- Tube feeding assistance
- Skilled hospice support

Caregivers must spend at least 80% of their work time providing fellowship, care and protection for clients. Any general household work must be less than 20% of the caregiver's working time during each shift.